

## "LIFE THROUGH THE LENS"



### BLOWING IN THE WIND

The wind was howling around the house. TV footage showed trees blown onto cars and homes while people watched helplessly. The reactions were varied, from a distraught, "What will I do now?" to "Oh, well! At least I'm still alive."

As I watched the trees across the road whip, sway and shudder; bend low under the unrelenting pressure of the wind, I marvelled at how far some of them could bow yet still recover and stand tall.

We often ask the same question about people. Daily we hear or see people being knocked down, who get up repeatedly and carry on. How? Maybe their lives are rooted in something, or someone who they trust is always there regardless, from where they draw their strength to stand up and carry on.

So what can I plant my life in to grow this remarkable strength and resilience?

God's Word, the Bible, has several clues.

In Psalm chapter twenty-nine verse eleven it says, "The LORD gives strength to his people; The LORD blesses his people with peace.

So, how do I become one of "His people"?

A great man of God, who was also a great king known for his wisdom, Solomon, wrote in Proverbs 5:6, "Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track.

St Paul, another great man of God, writing to Christians, wrote this about Jesus, His love and strength, "Letting your roots grow down into him, and letting your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness" (Colossians 2:7)

Do you bend or break? Do you have a family member or a friend who is leaning toward a breaking point? Remember, God in love says, "Let my love, my strength support you, hold you up and keep you safe against all pressures". Talk to Him about it.

Cheers,

Kevin.