

Seventh Sunday after Epiphany Sunday 20 February 2022

Murray Valley Lutheran CommUni[†]y

Christ Church Lutheran Holy Cross Lutheran Zion Lutheran
31 Swanport Rd
31 Florence St
427 Schenscher Rd
Murray Bridge
Monarto

We want everyone in the Murray Bridge regional communities to know the love of Jesus and be in a saving relationship with Him.

WELCOME... TO OUR BULLETIN. MAY GOD BLESS YOU AND LEAVE YOU STRENGTHENED FOR THE CHALLENGES AND JOYS OF THE COMING WEEK!

All Services and Events subject to COVID restrictions. Due to the COVID 19 situation, the rules, restrictions and guidelines for our safety are changing. Sometimes this is very quick and late, there may not be enough notice to let everyone know, we thank you for your understanding.

Please follow the directions of the people in charge at our services.

Masks are required until further notice

Currently with the COVID situation there are increasing numbers of infection in SA, the Government is advising anyone who may be vulnerable to stay home. We fully understand and respect anyone who wishes to worship at home. If you do decide to stay home and are rostered for any duties, please let us know. We pray everyone continues to keep safe and well, God's love and care is always with us no matter where we are.

Sunday: 20th February – 7th Sunday after Epiphany

9am Holy Cross – Holy Communion – Harvest thanksgiving - Pastor Paul Calnan

AGM straight after service ~ NO morning Tea

9.30am Christ Church – JD Hall – Led by Pastor David Kuss

10:30am Monarto – Lay reading

11am Christ Church – Church – Lay reading

Sunday: 27th February – 8th Transfiguration

9am Holy Cross – Lay Reading

9.30am Christ Church – JD Hall – Lay Reading

9am Monarto – Holy Communion – Harvest Thanksgiving – Pastor's David Kuss

AGM following service

Visitors most welcome to join any of our services

Pastor David Kuss contact details: Mobile: 0474 229 959 or email david.kuss@lca.org.au

Pastor Paul Calnan is available by phone Mon to Thurs 9am to 6pm Mobile: 0417 466 611 or email: paul.calnan@lca.org.au

Christ Church Office hours: Mon, Tues, Thurs, Fri 9am-12noon - Closed Wednesday.

Ph 8532 6553 email: christchurch.murraybridge.sa@lca.org.au

Website: www.cclutheranmb.org.au Add: 5 Marchand St, Murray Bridge After Hours please phone: Chairperson, Warren Doecke - 0417 804 663

Holy Cross office hours: Tues, Wed, 9.30am-1.30pm; Thurs, Fri 9am-2pm – **Closed Monday.** Ph 8532 4577 email: hcoffice@internode.on.net Add: 31 Florence St, Murray Bridge *After hours please contact Council Chairperson: Jeff Henschke* 0428 519 252 or *Ministry Team Chair: David Schirmer* 0459 943 682

Shared Ministry Task Group Members:

Holy Cross: Greg Herrmann, Joanne Pfeiffer, Barry Stoddart; **Christ Church**: Warren Doecke, Yvonne Stiller, Trent Mueller; **Monarto**: Colin Wegener, Raelene Barolo.

<u>Shared Ministry Task Group Meeting:</u> Tuesday 22nd February 7.30pm Holy Cross Meeting Room.

<u>GET TO KNOW YOU" SUNDAY 27th</u> at 2.30pm @ JDHall. A get together with Pastor David & Pastor Paul for all current Leaders and would be leaders of any committees/groups of Christ Church, Holy Cross and Monarto.

*** **SHARED MINISTRY NAME***** The Christ Church, Holy Cross and Monarto congregations have voted unanimously to endorse

Murray Valley Lutheran CommUni 十y

as the name for the Shared Ministry, this will be the name used for the new website.

20th FEBRUARY READINGS & HYMNS/SONGS:

- Holy Cross: 9:30am Reading: Psalm 100; Genesis 45:3-11; 1 Corinthians 15:33-38, 15: 42-50; Luke 6:27-38. Songs: Come ye thankful people, come; For all your goodness Lord; Now thank we all our God; We plough the fields and scatter; Holy, holy, holy; Lamb of God; How great Thou art.
- **℃ Christ Church: 9:30am** *Reading:* Luke 6:27-38; 1 John 4:7-11; 1 Corinthians 12:4-8. *Songs:* How deep the Father's love for us; Love your enemies; Jesus loves me; My Lighthouse.
- ***Christ Church: 11am** *Reading:* Psalm 37:1-11,39,40; Genesis 45:3-11,15 1 Corinthians 15:33-38,42-50; Luke 6:27-38. *Songs:* Come you people, rise and sing; Whatever God ordains is good; Because we bear your name; Filled with the Spirit's power.
- Monarto: Reading: Psalm 37:1-11,39,40; Genesis 45:3-11,15 1 Corinthians 15:33-38,42-50; Luke 6:27-38. Songs: The steadfast love of the Lord; Lord of glory, who has bought us; Wake us, O Lord, to human need; Because we bear your name.

GENERAL NOTICES



ASH WEDNESDAY: Will be held at Christ Church this year, with pancakes from 5:30pm, the mid-week Lenten Services will alternate between Holy Cross and Christ Church and the Combined Maundy Thursday Service will be at Holy Cross. All Mid-Week services at 7pm.

<u>COMBINED NEWSLETTER</u>: We are looking at putting out a combined Newsletter in March. Please get any info/items/photos etc that you could be included to either office by Mon 28th Feb.

ROSTERS:

Holy Cross: Roster for February is ready to be picked up – Please let the office know of any dates you are unavailable for March, April and May ASAP.

Christ Church: Roster is out for Feb. Please pick up a copy from services or Christ Church office. If you have not been listed and wish to help either fill in the roster advice form at services or advice the office. Please advise of any dates you are unavailable up to May. Thank you!

<u>REG – Regular Electronic Giving</u>: Have you considered using REG for your weekly offerings? Forms are available from either church office to set up with your LLL account or use the following details:

Christ Church: BSB 704942 Acc # 100311504 **Holy Cross:** BSB 704942 Acc # 51176

HOLY CROSS OFFERING ENVELOPES: spare offering envelopes available from the office.

<u>HOLY CROSS AGM: Sunday 20th February</u> in church straight after service: AGM books available at the service

<u>CHRIST CHURCH AGM: Sunday 20th March, 1:30pm,</u> JDHall: Please start thinking on your reports, they will need to be in the office and collated for the book of reports by the end of February.

YOUTH: FRIDAY 25 FEBRUARY 6:00 to 8:30: Youth group will be following the same format we used last year: every 2nd and 4th Friday of the month at the Christ Church cave/ hall from 6:00 to 8:30, and the occasional Sunday arvo for something extra (keep a lookout for that!). As usual, please bring a plate of food to share. Hope to see you there!

HARVEST THANKSGIVING SERVICES: Holy Cross 20th February at 9am followed by AGM; Monarto 27th February, 9am followed by AGM

Do you have something you are grateful for? How blessed have you been this past year? We encourage you to bring along an item for the displays that you are blessed with or grateful for; it could be an item of craft, a hobby, something in your life that you are grateful for or an item of food (fruit, vegetable, tin or packet of food) or some flowers, a toy or a pastime, or maybe a photo. Everyone has something they can be grateful for. What will you bring along for the display to express and show your thanks to God?

Food items will be distributed between Teen Challenge and Foodbank Murray Bridge. **Christ Church Congregation:** A BIG THANKYOU to everyone who provided items for the Harvest Thanksgiving Service display last Sunday, produce and grocery items were donated to Teen Challenge and FoodBank. Thank you to everyone for your input and help it was gratefully appreciated. God has indeed richly blessed us!

MURRAY BRIDGE LADIES FELLOWSHIP MEETING: COVID restrictions permitting--5 pm Thursday 24th February at Ron and Sabine's, Unit 78 Murray Heights Lutheran Village.
Please bring savoury finger food to share for tea. Sabine will provide goodies to construct your own dessert around supper time. Collection towards Lutheran World Service.
All ladies of the Murray Valley Lutheran CommUnity and their lady friends welcome.

SAFE CHURCH TRAINING: If you need to complete Level 1 Refresher, Level 1 or Level 2 training please check the LCA website for dates online training is also available. Level I face to face training is available at St Pauls Lutheran Church Blair Athol 6th March and Victor Harbour Lutheran Church 20th March, Level 1 Refresher course at St Pauls Hahndorf 20th February, St Martins Mannum 6th March please contact either office for registration details. Congregation Leaders are invited to join an Online Webinar 1.30pm AEDT 26th March 2022 that will concentrate on implementing the NEW Child Safety Standards for Congregations.

<u>CHRIST CHURCH SERVICE GUILD</u> will be doing their JDH kitchen count on **Tuesday 22nd Feb.** at **10am**. Any helpers would be very much appreciated.

BARNABAS FRIENDSHIP resumes on Saturday 26th Feb with a luncheon at Zanker's. 12noon.

<u>INSTALLATION OF BISHOP PAUL SMITH:</u> Due to a change in COVID restrictions in SA there are now some additional seats available for people to attend the installation of Bishop Paul Smith. The Installation is scheduled for **Sunday 20th Feb** at **Bethlehem Lutheran Church, Flinders Street Adelaide**. The service will commence at **3.00 pm**. The capacity is still limited so registrations are essential via: https://www.lca.org.au/livestreams/

FRIENDS OF LUTHERAN ARCHIVES (FoLA): Next meeting Thursday 24th Feb, 7.30 pm at Immanuel Lutheran Church, 139 Archer Street, North Adel. (Please note change of day/venue). Samuel Doering, a young historian from Neale Flat near Eudunda, talks about 'The Diary of Emilie Appelt.' The diary covers 10 years – personal, political, cultural, social, religious, accidents & more. To comply with COVID regulations please Ph: or TXT Helen Schubert on 0447 740 711 (but no voicemails) from Thurs 17 to Wed 24 Feb. Donations of \$4 gratefully received.

40 DAYS: A LENTEN DEVOTION & PRAYER GUIDE: LCA International Mission has compiled devotions for the Lenten season, through this Lenten season explore the psalms and share the comfort and hope they bring. An electronic copy of the booklet is available to download from the LCA International Mission website. If you would like hard copies of the guide to share with others, please contact Erin at the LCA International Mission office or phone (08) 8267 7317.

LMSE CLW '22 Camp Director Applications Open: Do you love serving God through camping ministry? Do you love working with young people? We'd love to hear from you! Blueprint Ministries is looking for passionate people interested in serving as a Camp Director for our 5 day long Lower Murray South East Christian Life Week camp for young people in year 7-12, held in July 2022. In this role you will be working closely with the Blueprint Ministries Team and other directors and coordinators to administer and oversee the planning and running of the camp program. Interested? Applications close 27 February 2022. Download the application form here: https://lca.box.com/shared/static/ox0lpjikqqpwtxalfuxmwtsv4lnojs7w.pdf

SMG SCHOOL CHAPLIN – MENINGIE: Pastoral Care Worker less than an hour's drive from Murray Bridge. Meningie Area School. (10.7hrs/week) - Closing date Monday 28 February 2022 at 9am. To request more information or to apply, head to: https://smgadelaide.squarespace.com/chaplaincy-vacancies

<u>MEN'S CAMPS</u>: Victorian Lutheran Men's Camp on 18th-20th March 2022 at Tandara Camp at beautiful Hall's Gap. Come and join in a weekend of fellowship and study with a wonderful group of Christians. Wives and partners welcome. Camp registration forms are available from Church Offices or at Church.

Made for More Men's Camp 19th-22nd May 2022 at Yankalilla. For more information go to: https://www.thegoalislife.com/product/made-for-more/

BLUEPRINT NOTICES:

Sat 5th March Amplify Conference (For Children / Youth Ministry workers – paid or voluntary). To register to attend at Murray Bridge go to: https://amplifyconference.com.au/hubs/hubs-sa/ Sat 5th March 6pm Young Adults Welcome Event. If you have any questions you are welcome to contact the Blueprint Ministries staff at admin@blueprintministries.org.au or on 8267 5211.

Mainly Music groups – Blueprint has set up a Facebook page for Mainly Music groups to share ideas/ ask questions and encourage each other (email jeanette.mann@lca.org.au)

PHOTO COMPETITION FOR 2023 LUTHERAN MEDIA CALENDAR: The popular Lutheran Media Calendar Photo Competition is happening again this year. There are 3 categories so you can enter up to 1 photo in each category. Enter your best original and inspiring nature, animal or landscape photo for the opportunity to share your photo to thousands of people – oh, and prize money. Go to www.lutheranmedia.org.au/image for more details. Entries close 29th May 2022.

MOVIE AFTERNOON -SUNDAY 27TH FEBRUARY 1 PM:

Cameo Theatre - Movie" Queen Bees". A comedy about the young at heart. While her house undergoes repairs, fiercely independent senior Helen moves into a nearby retirement community — just temporarily. Once behind the doors of Pine Grove Senior Community, she encounters lusty widows, cutthroat bridge tournaments and a hotbed of bullying "mean girls", all of which leaves her yearning for the solitude of home. But Helen discovers that it's never too late to make new friends and perhaps even fnd a new love. Meet in foyer at 12.50pm. More details ph Yolette 0478 218 769 or see notice in JD Hall. All Welcome!

PRAYERS:

<u>Prayer of the day</u> Loving Heavenly Father, thank you that your Son loved us even when we were enemies, and that he prayed for those who killed him. Teach us to be merciful like you, and do good to all people, even to those who do us harm. We ask this through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Also pray....

- Lord Jesus, following Your example and command, we pray for our enemies. We ask first that You would saturate our lives with the Holy Spirit's power and might. Send Your love flowing through us and forgive us for holding on to anything that could hinder our prayers. We release any un-forgiveness, thoughts of revenge, or hateful emotions that can quench Your Spirit in our hearts. Then give us wisdom as we seek how to bless, to love, and to pray for our enemies.
- ⊕ Loving God, we lift all children up to You. They have also seen disruption in their lives. Show us how to best minister to them to provide their basic needs as well as keep them safe and give them hope. Help their parents to support them well and not be overwhelmed with all the challenges our community is going through. Bless all children everywhere.

<u>Please Pray for</u>... (Please note, before visiting check with family for any visitation allowances and/or restrictions)

Christ Church: Martha Aartsen, Lores Frahn, Audrey Jaensch, Flo Kerkham, Irene Kuchel, Margaret Kuchel, Bryan Lees, Joy Lienert, Andy & Colleen Nicholls, Oscar, Amelia & Josh Noye, Joyce Pope, Leo Schulz, Vena Shinnick, Sandra Thiele, June Walker & their Carers.

Holy Cross: Ian & Fay Baxter, Judy Brereton, Olga Burgemeister, Lila Grocke, Maxine Gogler (RAH) & daughters Marie Pica & Vicki Gollasch and their families, Trevor & Kyle Hage & families, Bert & Nita Hyam, Glen Koop, Joy Leighton, Erin, Travis, Cooper, Brady & Taylor Lienert, Brenda O'Reilly, Jim Poole & families, Erwin Rohrlach, Neil Schubert, Reg Schwartz, Barbara Taylor, Clarita Venn, Malcolm & Margaret Zwar & their Carers.

Resthaven: Joyce Ahrns (CC), Norm Bensch (HC), Lorna Burrett (HC), Leila Koehler(HC),

Dot Noller (CC), Murray Piltz (CC)

Lerwin: Glad Hausler (CC), Stewart Jaensch (CC), Phyllis Koop (HC), Eric Kuss (CC),

Alice Kowald (HC), Betty Paech (HC).

Murray Bridge Hospital: Joan Kluge (CC) Craigmore Resthaven: Ivy Roennfeldt (CC)

Golden Grove Helping Hand: Joyleen Rosenzweig (CC)

Meningie Hospital Aged Care: Kurt Unger (HC), Felicity Woods (HC)

St Paul's Aged Care, Hahndorf: Margaret Pfeiffer (HC)

Warner Close, M/Bridge: Colleen Fawcett (CC)

Tailem Bend Hospital: Pat Gogel, Bevan Schulz (both HC)

If you would like to be included in our Prayers or have your Birthday, Anniversary or any other special occasion announced, please email or call your church office.

Birthday Congratulations (1):

Brenda O'Reilly celebrated her 70th birthday on 14th February

Condolences:



Our deepest condolences to Steven and Sheryl, and Michelle Klitscher, their families and friends, on the passing of their mother Elizabeth Klitscher on 15th February. Elizabeth's funeral will be held at 10.30am on Friday 25th February at Holy Cross followed by a light luncheon.

The memorial service for Marion Poole will be held at 2pm on Friday 25th February at Holy Cross

Baptismal Birthday Celebrations This Week

21st Maria Cook (CC) 23rd Lucy Hampel (CC) Damien Doecke (CC)
Grantley Klenke (CC) Cheryl Miegel (CC) Mackenzie Buckley (HC)
Murray Nitschke (HC) Ryan Mueller (CC) 26th Levi Horn (CC)

22nd Heather Courtney (CC) 25th Aiden Cole (CC) Craig Peach (Mon)

OTHER WAYS TO WORSHIP:

FACEBOOK: Holy Cross Lutheran Church Murray Bridge / Christ Church Lutheran Murray

Bridge / Music Ministry Online

YOUTUBE Holy Cross Lutheran Church Murray Bridge / Christ Church Lutheran Murray

Bridge / Music Ministry Online

Christ Church Web Page: http://www.cclutheranmb.org.au/

Music Ministry email: musicministrymb@gmail.com
Christian radio now live! – Murray Bridge 87.6 FM SA

Other Livestreamed Services etc – Go to LCA Church@Home:

https://www.lca.org.au/worship/wpp/churchhome/

click on View@Home to see services online, Pray@Home for prayer resources and

Faith@Home for other options.

Sermons4Kids- Stories of the Bible: https://sermons4kids.com/

ROSTERS

Monarto Rosters 20th Feb: Wardens: Rob & Liz F. Reader: Robert T.

27th Feb: **Wardens:** Gordon & Raelene W. **Reader:** Rollo H.

Holy Cross

	20 FEB	27 FEB 9AM Lay Reading	
	9am Harvest		
	Thanksgiving		
Sign In/	R Packer	V Zerk	
Greeters	D Steinborner	E Waldhuter	
LS Server	C Paech	N/A	
Lector	C Paech	Joel Wiencke	
PA/MM	T Hanckel	Peter Welke	
Video	G Herrmann	N/A	
Marshal	M Woidt	Sandra Gates	
Ushers	A Pearce	M Woidt	
	B Kuchel	J Sacco	
Bell Ringer	B Kuchel	R Waldhuter	
Altar Guild	L Rosenzweig	N/A	
Flowers	Service Guild	Joyleen Kuchel	
Musicians	J Kuchel	R Packer	
	E Paech		
Morning Tea		C Schache	
		L Rosenzweig	
		D Pfeiffer	
Ministry Team	L Rosenzweig	M Woidt	

Christ Church

	9:30am JDH	11AM Church	9:30am JDH
	20-Feb	20-Feb	27-Feb
COVID	G Beauglehall	D Schmerl	D Hampel
Marshal	C Bodagiorian	2 001111011	·
Elder	D Hampel ♥	D Doecke ♥	W Doecke
Assist	G Schubert	G Korzeba	
Wardens	P&V Jaensch	M Mueller	A&D Hampel
		D Doecke	
Greeters	S Kuchel	D Borchardt	J Herrmann
Greeters	K Franklin	C Coulter	B&Y Lablack
Tea/Coffee	S Jericho		D Borchardt
	J Herrmann		L Penhall
PA	A Hampel	T Lees	B Martin
Data	S Kuchel	J Traeger	Y Stiller
Projector	O redorior		1 0111101
Reader		C Coulter	
Flowers	L Schiller		Y Kuchel
Organist		Coralie	
Video	R Jericho		R Jericho
Counter	D Schiller	M Mueller	G Korzeba
Grounds			
Roster			
Water &	J Schirmer		Y Koch
Care	3 Common		1 ROOH

Monarto Congregation Contacts

Elders Haydn Hein 0428 898 639 Maurice Wegener 8531 1060

ChairmanTrevor Hilton0439 839 022TreasurerColin Wegener0407 030 241SecretaryJan Brodde8532 5050

Christ Church Congregation Contacts

Elders: Dawn Hampel 8532 4138 Denise Lohmeyer 8531 0935

David Pech 0420 849 344 Janelle Traeger 8535 4290

Graham Schubert 0408 848 920 Ian Kluge 0427 313 537, 8531 3449

<u>Chairman</u> Warren Doecke 0417 804 663, 8572 6019 <u>Cong. Secretary</u> Cheryl Doecke 0427 804 663, 8572 6019

<u>Treasurer</u> Carlien Hohls 0415 919 043 <u>Church Secretary</u> Yvonne Stiller 8532 3445

Prop. & Maintenance: Nathanael Mann 0439 506 826

Holy Cross Congregation Contacts

Chairperson: Jeff Henschke 0428 519 252

Ministry Team David Schirmer (chair) 0459 943 682

Myrna Gerlach Matthew Woidt
Edna Welke Pastor Peter Welke
Dennis Steinborner Lesley Rosenzweig

Helen Heuppauff Coral Eggers

Treasurer Barry Stoddart 0459 590 302
Property Chair Greg Herrmann 0438 785 040

"LIFE THROUGH THE LENS"



ivan **G** @ at er mel on @

"Wow! That was delicious! Sweet and watery, like a waterfall of sugary dew. The shade of red that only God could invent. And a crispness that crackled as I bit into it. The taste-bud enhancing climax to a Sunday lunch. Thanks Ivan.

Half a watermelon had been delivered by a neighbour, an ex-farmer who still grows watermelons in a large open area and shares them with his neighbours. Tended with love and care and surrounded by its hard rind, the flesh within had been kept safe from pests and matured into what God had planned it to be; sweet and pleasing.

That rind, skin, is a lot like the love of God. It surrounds us. You may not want to recognise it, but I believe what is written in His Word. A king who had a genuine friendship with the God of the Bible wrote. "You have surrounded me on every side, behind me and before me, and You have placed Your hand gently on my shoulder. It is the most fantastic feeling to know how deeply You know me, inside and out; the realization of it is so great that I cannot comprehend it. Can I go anywhere apart from Your Spirit? Is there anywhere I can go to escape Your watchful presence? (Psalm 139:5-7)

King David said that God's amazing love, care, and protection are all around you. You don't have to feel anxious afraid. When someone makes fun of you, trust God is there saying, "What that person says is irrelevant. To me, you are precious."

God and his love is much stronger and surrounds you completely. His plan is that your life should not be turned to a pulp by worry and fear. When anxious for what life might be throwing at you, remember his promises to protect you. Remember, the firm skin of the watermelon kept the soft inside from being turned to pulp in a thunderstorm.

God doesn't surround us with his love solely for our personal benefit. The melons being was to bring pleasure and nourishment. If the melon had just laid in the garden, it would have eventually turned rotten and been of no use to anyone. God has a reason for our being. He plans that we will bring enjoyment, nourishment and growth to the lives of those we daily touch. A kind word of encouragement, a friendly smile, and sharing a story of God's love in your life. There are many ways can help another to feel the all-encompassing love and care we all need to experience from time to time.

Don't be afraid to talk to God about these things.

God bless, Kevin.



20th February 2022

SEVENTH SUNDAY AFTER EPIPHANY

Do to others as you would like them to do to you

Sundays After Epiphany

GREEN is a sign of life and nature and as such represents growth, life and hope.

verse for the week

Bless those who curse you. Pray for those who hurt you.

LUKE 6: 28



SHARE

share your highs and lows of the day, or respond to the following avestions:



Talk about a time someone showed kindness and forgiveness toward you.



Tell about a time you showed kindness and forgiveness toward someone.



What makes it easy or difficult to show forgiveness to someone else?



Devotions •





Daily Bible Readings

S	Luke 6:27-38	The golden rule
М	Gen 45:3-11, 15	Joseph reveals himself
Т	1 Cor 15:35-38,42-50	The resurrection body
W	Genesis 43: 16-34	Joseph is kind to his brothers
Т	Romans 8: 1-11	Life in the Spirit
F	1 John 2: 7-17	A new commandment
S	Psalm 37:1-11,39-40	Trust in the Lord and do good
S	Luke 9: 28-43	Jesus is transfigured



Talk about the Bible verse. What word or phrase was important to you as you read these verses?

Rituals and Traditions





God of mercy, let us follow the way of Jesus and do to others as we would want others to do to us. Amen.



BLESS

May the Lord rescue you from all your enemies and be your hiding place in time of trouble.

Creative Response

make a coupon book for someone in your family or for your household.

Have coupons for the day to day jobs that no one really likes to do. For example -

THIS COUPON IS FOR ONE FREE VACUUM OF THE HOUSE.

THIS COUPON IS FOR ONE DAY OF DISHES TO BE DONE BY ME.

Then think of some other ideas for coupons of things you could do for someone else in your family or for a friend or neighbour. For example -

THIS COUPON IS FOR A FREE WEEDING OF YOUR GARDEN.

THIS COUPON IS FOR ONE FREE CAR WASH.



mealtime prayer

May this food give us strength and fill our physical bodies. May your spirit fill our hearts so we can be forgiving to others. Amen.



sometimes it is difficult to love everyone. Jesus tells us to love our enemies and pray for them. Think of someone who it is hard for you to like. Take time to pray for that person and to ask Jesus to help you love that person.



